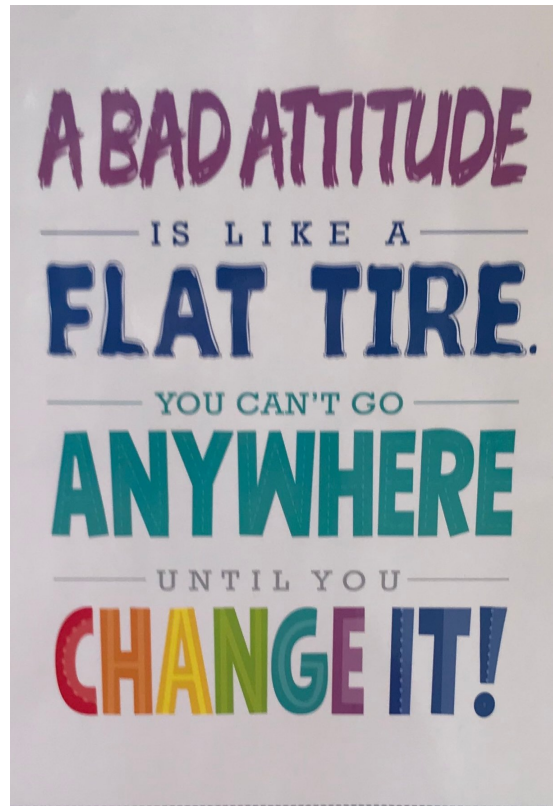


February 27, 2018

Dear Grace Church Family and Friends,

On Saturday, I attended a diocesan event at the [Bishop Walker School](#), a tuition-free Episcopal School for boys, located in Southeast D.C. The school has a brand new building, and as I toured the campus, I was taken with the many different posters, signs and artwork, all of which had a positive, uplifting message. One, in particular, that caught my eye was this one:



All of us have a bad attitude at times. We get down, frustrated, annoyed... with people, events, things that happen, and that bad attitude can infect our whole life. We carry it around with us like the flu.

But, a bad attitude can leave us feeling mired and stuck.

The season of Lent is an opportunity for us to change our outlook, to follow more closely the way of Jesus, by acknowledging our feelings and taking concrete actions toward a more upbeat, encouraging and positive attitude.

Are you ready to change that flat tire? Are you ready to go somewhere?

See you in church,  
*Andrew*